

Abstract

The present study aimed to explore the relationship between school and the students' mental health. The school environment was conceptualised into three broad variables : teachers' role, peer relationship and discipline. 483 Chinese students participated in the study. In general, results were consistent with the hypotheses. It was found that the teachers' emotional support, classroom-oriented concern, peers' friendship and helping responses were negatively correlated with the students' anxiety/depression and aggressive behaviours. Moreover, the alienation of both teachers and peer and the peer competition were also found to be inversely correlated with the students' mental health. Discipline was negatively correlated with the students' aggressive behaviours. Implication of the results was also discussed.